Handbook of PTSD Science and Practice

Edited by Matthew J. Friedman, Terence M. Keane and Patricia A. Resick

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Overview

Unparalleled in its breadth and depth, this state-of-the-art handbook reviews the latest scientific advances in understanding trauma and PTSD, discusses the implications for clinical practice, and evaluates the status of evidence-based assessment and treatment. The foremost authorities in the field examine posttraumatic psychological reactions on multiple levels, from genes and neurocircuitry to gender and lifespan development. Established and emerging psychological, medical, and public health interventions are discussed in depth, as are issues in tailoring treatment to the needs of different populations. Special topics include forensic issues, resilience, and prevention. The integrative concluding chapter presents a reasoned agenda for future research.

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Reviews

"Friedman, Keane, and Resick have produced a comprehensive volume that superbly tells the story of PTSD across psychology, neurobiology, and healthcare. The Handbook of PTSD will be a valued addition to the libraries of both clinicians and researchers."
-Robert J. Ursano, MD, Centre for the Study of Traumatic Stress, Department of Psychiatry, Uniformed Services University of the Health Sciences

"An exceptional volume, written and edited by the leading international experts. Unlike many edited books, this one reads as a single, integrated volume. Chapters are state of the art and beyond, apprising the reader of what is new and, importantly, what may be coming next as new avenues of research bear fruit....In future years, if I were to see this handbook on a colleague's shelf, with dog-eared pages and Post-it notes sticking out like confetti, I would assume that colleague to be well informed on PTSD research and treatment."
-Stevan E. Hobfoll, PhD, Department of Psychology and Summa-Kent State Centre for the Treatment and Study of Traumatic Stress, Kent State University

"This handbook represents the best available single-volume summary of the current state of our understanding of trauma and its impact. It contains authoritative analyses of psychological and biological models of PTSD, as well as expert reviews of the empirical literature on such topics as the epidemiology of PTSD, risk pathways, gender issues, and the impact of traumatic stress on children and older adults. Leaders in the field provide balanced assessments of what the evidence tells us about the treatment of trauma-related problems. Chapters also place current work in a historical context and look forward to speculate on the future of treatment, theory, and research. This book will serve as a core text for graduate courses on trauma and PTSD. It should be read by all clinicians and researchers who wish to stay up to date on the science of traumatic stress and think critically about clinical practice with trauma survivors."
-Josef I. Ruzek, PhD, National Centre for PTSD, VA Palo Alto Healthcare System

About the Editors

Edited by Matthew J. Friedman, MD, PhD, Dartmouth Medical School and National Centre for PTSD, White River Junction VA Medical Centre; Terence M. Keane, PhD, Boston University School of Medicine and National Centre for PTSD, VA Boston Healthcare System; and Patricia A. Resick, PhD, National Centre for PTSD, VA Boston Healthcare System.

Audience

Clinicians and researchers in clinical psychology, psychiatry, social work, nursing, counselling, and related fields; graduate students and residents in these areas.
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